

Please arrive early enough (at least 1/2 hr) to get dressed and to allow the Coaches enough time to prepare the players for the game. Remember to call your Coach if you know you will miss any games.



Team	Head Coach	Phone	Assistant Coach	Phone
East Coast Knights	Neil Ryan	519 870-7125	John Innes	519-649-8150

#### Schedule

Date	Time	Away Team	Home Team	Comments
October 19, 2024	11:00 AM	East Coast Knights	Surkut Machine Tech	
October 26, 2024	11:00 AM	C.H.A.M.P.S.	East Coast Knights	
November 2, 2024		<b>NO GAMES TODAY</b>		
November 9, 2024	8:30 AM	Winston & Assoc.	East Coast Knights	
November 16, 2024	8:30 AM	East Coast Knights	Sports 1 Photo	
November 23, 2024	11:00 AM	Home Hardware	East Coast Knights	
November 30, 2024	9:00 AM	Surkut Machine Tech	East Coast Knights	
December 7, 2024	11:00 AM	East Coast Knights	C.H.A.M.P.S.	
December 14, 2024	8:30 AM	Winston & Assoc.	East Coast Knights	<b>Skate-a-Thon (on INT times)</b>
December 21, 2024	8:30 AM	East Coast Knights	Sports 1 Photo	<b>Merry Christmas &amp; Happy Holidays !!</b>
December 28, 2024	11:00 AM	Home Hardware	East Coast Knights	<b>Happy New Year!!</b>